

PERSONAL DATA

Name: Berit Lilienthal Heitmann
Date of birth: November 21, 1962
Marital status: Married in 1990, 3 children
Present employment: Professor, PhD, Research Leader, Research Unit for Dietary Studies at the Parker Institute Frederiksberg Hospital, RegionH, DK-2000 Frederiksberg
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ACADEMIC CAREER

1987 Degree in dentistry, The Royal Danish College of Dentistry, Copenhagen, DK
1991 PhD in human nutrition, Research Department of Human Nutrition, Copenhagen, DK
1993 Associate Professor competent in nutrition (Research Department of Human Nutrition, at The Royal Veterinary and Agricultural University, Copenhagen, DK)
1998+ External Associate Professor (ekstern lektor) at the University of Copenhagen, DK
1998-02 Chairman of the external reviewers of the education for public health in Denmark
2001-08 Professor in Nutritional Epidemiology (Adjunct Professor), University of Southern Denmark, DK
2008+ Professor in Nutritional Epidemiology (clinical), University of Southern Denmark, DK
2011+ Honorary Professor Sydney University, The Boden Institute, Sydney, Australia
2016+ Professor in Nutritional Epidemiology (clinical), Institute of Public health, the Copenhagen University

EMPLOYMENT

1987-90 Ph.D.-student at the Research Department of Human Nutrition, The Royal Veterinary and Agricultural University, Copenhagen, DK
1990-92 Senior Researcher at the Research Department of Human Nutrition, The Royal Veterinary and Agricultural University, Copenhagen, DK
1992-94 PostDoc at the Institute of Preventive Medicine, Copenhagen University Hospital, Copenhagen, DK
1994-98 Research Associate Professor at the Danish Epidemiology Science Centre, Institute of Preventive Medicine, Copenhagen University Hospital, Kommunehospitalet, Copenhagen, DK
1998-02 Head of Section of Health Promotion in Hospitals at the Centre for Preventive Medicine (afdelingsleder), Glostrup University Hospital, DK
2002-08 Research Leader and Vice Director at Institute of Preventive Medicine, Copenhagen DK
2008-11 Director for Research and Personnel and Vice Director at Institute of Preventive Medicine, Centre for Health and Society, RegionH, Copenhagen, DK
2011-12 Institute Director (acting 1 year during directors sabbatical) at Institute of Preventive Medicine, Frederiksberg Hospital, RegionH, DK
2012-15 Director for Research and Education, Vice Director at Institute of Preventive Medicine, Bispebjerg and Frederiksberg Hospitals, RegionH, DK
2015+ Research Leader, Research Unit for Dietary Studies, The Parker Institute, DK

SELECTED SCIENTIFIC AND ADMINISTRATIVE TASKS

1990+ Organizer of several national and international symposia on epidemiology, obesity and nutrition.
1992+ Scientific advisor of several international conferences on epidemiology, obesity and nutrition.
1990-98 Scientific Secretary ('90-'94), and President The Danish Association for the Study of Obesity ('94-'98)
1993-99 Treasurer, The Danish Epidemiology Society
1996+ Member of the Advisory Group, The New Zealand Ministry of Health
1998+ Appointed external reviewer by the New Zealand Health Research Council, New Zealand
1998-00 President, The Danish Obesity Task Force Group
1998-01 Steering Committee Member, Copenhagen County Centre for Preventive Medicine, Glostrup University Hospital, DK
2000-03 Member of the Obesity Policy Development Discussion Group (The International Obesity Task Force).
2000-02 Member of the Working Group on Physical activity and diet. Preventive Strategies and Official Focus Areas (The Danish Ministry for Foods, Agriculture and Fishery, The Danish Veterinary and Food Administration)
2002-03 Member of expert group on the prevention and the treatment of severe obesity consulted by the Danish Board of Health
2002-03 Member of Working Group on a National strategy for the prevention of severe obesity for the Danish Board of Health, Center for Prevention.
2002-03 Member of Working Group on Evidence for presence of obesity for the Danish Nutrition Council.
2002-10 Steering Committee Member (institutedelse) of Institute of Preventive Medicine, Copenhagen, DK
2004-06 Deputy chairman of board of directors of Danish Institute of Food and Veterinary Research, Denmark.
2004-08 Member of The Danish Nutritional Council, (Ernæringsrådet) Ministry of Family and Consumer Affairs.
2006+ Reviewer of professor applications for the University of Copenhagen and Aarhus, Denmark, Karolinska, Sweden and Auckland, New Zealand.
2012+ Boardmember and Co-founder of the Danish Bariatric Association
2015+ PI of the Horizon2020 funded NoHoW project (www.nohow.eu)

MEMBER OF RESEARCH FUNDING BOARDS

1999-02 Appointed Member of the Advisory Board for Research in Food Safety and Nutrition, The Danish Ministry for Foods, Agriculture and Fishery, The Danish Veterinary and Food Administration, DK
2003 Appointed Member of the board of The Centres of Excellence Programme Committee, (Programkomite)

- 2003-08 for større tværgående forskergrupper). The Danish Research Ministry
Appointed Member of The Danish Medical Research Board (Statens Sundhedsvidenskabelige Forskningsråd). The Danish Research Ministry.
- 2004-08 Member of The Executive Committee of The Danish Medical Research Council, (Statens Sundhedsvidenskabelige Forskningsråds Forretningsudvalg)
- 2004-08 Boardmember of The Milk Levy Fond, (Mælkeafgiftsfonden) Ministry of Food, Agriculture, and Fisheries.
- 2004+ Grant proposal reviewer of The National Research Council of Norway (Norges Forskningsråd), The European Medical Research Councils, The European Science Foundation, The National Icelandic Centre for Research (Rannsóknamiðstöð Íslands), The National Faroese Research Council, and Eurasia Foundation/ The National Eurasia Medical Council
- 2006-12 Chairman of the Diet Research Foundation (Kostforskningsfonden).
- 2007-13 Appointed Member of The National Research Council of Norway, The committee for clinical medicine and public health (fagkomiteen for klinisk medisin og folkehelse)
- 2007+ Appointed Member of The Grant proposal review group for The National Research Council of Sweden (Forskningsrådet för Arbetsliv och Socialvetenskap (FAS))
- 2007+ Appointed Boardmember of the Astrid Grete Stampes Foundation
- 2008-14 Advisory Boardmember for the TRYG Foundation
- 2010-11 Appointed Board member of The Danish Strategic Research Council, Program Commission on Health, Food and Welfare
- 2012+ Member of the Advisory research Board for Danish Diabetes Foundation
- 2016 Appointed member of the evaluation panel of the Academy of Finland

MAJOR LEDING AND PROJECT RESPONSIBILITIES

- 1987-94 Project coordinator, The Danish *MONICA* follow-up study (*GEN-MONICA and MONICA-10*) on diet and obesity, Glostrup University Hospital. Funded by Copenhagen University, Heart foundation, Helsefonden.
- 1999+ Founder and leader of the Research Unit for Dietary Studies (*Center for Epidemiologisk Kostforskning*), Institute of Preventive Medicine, Copenhagen University Hospital. Funded by FSS (Freja)
- 1999-01 Project coordinator of *Secondary dietary intervention in general practice*, Glostrup University Hospital. Funded by FSS
- 2000+ Project coordinator for the diet intervention at the *Ballerup project*, Copenhagen University and University of Southern Denmark. Funded by TrygFonden and FSS
- 2002+ Project coordinator, *European Youth Health Follow-up Study, EYHS* on diet and 6 years development in obesity and other risk factors among children aged 9 and 16 years, Copenhagen University and University of Southern Denmark. Funded by TrygFonden
- 2004+ Project coordinator, The Exercise in the young (Ung Idræt). Project on diet and 20 years development of CVD morbidity and mortality among 16-20 year old Danish adults. Funded by Trygfonden
- 2007-10 Project Leader for Research Unit for Childhood Health (RICH), SDU, Denmark. Funded by TrygFonden
- 2008+ Project director for project "Sund Start" – a randomized intervention among 2-5 year old children at risk of future overweight gain. Funded by FSS and TrygFonden.
- 2011+ Project director for project D-TECTING – disease- from exposure to vitamin D during critical periods of life. Funded by DSF, Danish Diabetes Academy and the Lundbeck Foundation
- 2014+ PI for Horizon2020 EU project "NoHoW", on weight maintenance using mHealth technology
- 2015+ PI for the eNTRANCE project to examine influence of transfat on childhood cancer funded by The Childhood Cancer Research Foundation

AWARDS AND HONORARY POSITIONS

- 1995 Young Scientist Award: FASEB summer research conference on genetic and behavioral influences on nutrient metabolism and obesity, Colorado, USA
- 1995 Young Scientist Award: The CIBA Foundation Symposium on the origins and consequences of obesity, Kingston, Jamaica (followed by a 4 week stay at the Dept. of Community Health, School of Medicine, University of Auckland, New Zealand)
- 1996 Young Scientist Award: The EASO young investigator award, 7th European Congress on Obesity, Barcelona, Spain
- 2009 Kelloggs Communication Award, Copenhagen, DK

SUPERVISOR EXPERIENCE

Supervisor for 32 PhD students (25 already defended their thesis, and 7 in progress) and about 60 pre-graduates.

EDITORIAL TASKS

Referee for more than 30 scientific journals. Member of editorial board for the following 4 International Scientific Journals: the International Journal of Obesity, The Journal of Diabetes, Obesity and Metabolism, Current Nutrition Reviews and Obesity Facts

MAJOR GRANTS PREVIOUS 5-6 YEARS

Total around 75 mio DKK (approx. 10 million Euros)

PUBLICATIONS

Author/co-author of approximately 255 peer reviewed international articles (published or in press), and in addition 20 review papers, 10 book chapters, and several scientific letters, etc.